

## **Directions to Life Expression Wellness Center**

**298 Rock Glen Road • Sugarloaf, PA 18249**

**Phone: 570-708-2228 • Fax: 570-708-2039**

### **Points North**

I-81 South

I-80 West

Exit 256 Conyngham, turn left on Route 93 South.

Go 2.8 miles and turn right on Rock Glen Road.

Travel 1.4 miles to Life Expression Wellness Center on your left.

Welcome!

### **Points South**

I-81 North

Exit 145 West Hazleton, turn left on Route 93 North.

Go 1.8 miles and turn left on Rock Glen Road.

Travel 1.4 miles to Life Expression Wellness Center on your left.

Welcome!

### **Points East**

I-80 West

Exit 256 Conyngham, turn left on Route 93 South.

Go 2.8 Miles and turn right on Rock Glen Road.

Travel 1.4 miles to Life Expression Wellness Center on your left.

Welcome!

### **Points West**

I-80 East

Exit 256 Conyngham, turn right on Route 93 South.

Go 2.5 miles and turn right on Rock Glen Road.

Travel 1.4 miles to Life Expression Wellness Center on your left.

Welcome!

### **Philadelphia Points & Northeast Extension of PA Turnpike**

North on PA Turnpike 476 (Northeastern Extension).

You will go through the Lehigh Tunnel.

Exit 95 Pocono.

Go I-80 West.

Exit 256 Conyngham, turn left on Route 93 South.

Go 2.8 miles and turn right on Rock Glen Road.

Travel 1.4 miles to Life Expression Wellness Center on your left.

Welcome!

# Life Expression Wellness Center

